



Hodgson Senior Public School

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Target, Hodgson's Group for Girls

Target, Hodgson's group for girls, has officially started! The purpose of the group is to 'target' issues that are important to adolescent girls. Through thoughtful dialogue and meaningful activities, girls discover their individual strengths and the power of positive female relationships.

During weekly meetings from November 2011-February 2012, *Target* members will participate in activities that highlight issues important to young women such as relationships, boundaries, body image, and self-worth, all while building their leadership and communication skills.

Target meets for eight weeks during lunch hour every Wednesday in room 12. Girls need to bring a lunch. In the event that an activity takes place outside of school hours or off school property, a permission form will be sent home. Please note that this is not a drop in program; girls are asked to make a commitment to the group after the first introductory session.

Don't hesitate to contact us if you have any questions about the program. We look forward to an exciting *Target* season!

Alana Guinane
Amy Satterthwaite
Target facilitators

