

# Weather Guidelines

## Humberwood Downs

Children need an opportunity to get exercise and free play time outdoors, however, weather conditions sometimes warrant that indoor recesses, lunch periods and pre-entry periods be considered necessary for student and staff safety.

### Conditions warranting indoor recess

(a) Rain, thunderstorms, lightning, hail, extreme winds and extreme cold.

(b) Cold weather: When temperature and/or windchill factor indicates -28C or lower children will remain indoors do to risk of frostnip and frostbite.

When temperature and/or windchill factor indicates -20 to -28C, recesses may be shortened to 10 minutes and lunch recess be 20 minutes depending on local conditions. Children should be monitored closely for signs of frostnip, frostbite or difficult breathing.

(c) Humidity, Heat and Smog Alerts: The City of Toronto issues heat alerts and heat emergencies based on the daily forecast from May to September. Alerts are posted on the Website [www.toronto.ca/health](http://www.toronto.ca/health) or by calling (416) 338-7600. Staff and students should be vigilant about their level of activity and should take frequent breaks for water in order to remain adequately hydrated.

### Other conditions:

Weather conditions change during the day. When necessary and if the weather is questionable, the school principal will consult the Environment Canada's [www.weatheroffice.ec.gc.ca](http://www.weatheroffice.ec.gc.ca) or Toronto Public Health Web sites for information.

Any staff member may voice weather concerns to the principal for consideration prior to the next scheduled recess.

During extreme weather conditions, parents and students may visit inside the Great Hall up to 15 minutes prior to the entry or dismissal bells.